

Stay Healthy At School Program

The StudyInsured™ **Stay Healthy at School (SHAS) program** provides international students in your school district with access to **24/7 mental health support**.

MAIN FEATURES

- Round-the-clock, toll-free Assistance in Canada and the USA and collect outside North America
- Experienced and compassionate counsellors with a master's degree and five years of clinical experience as minimum requirements
- 180+ languages available
- Pre-booked appointments within 48 hours.

3 WAYS TO CONNECT

- 1 Call 1.833.646.1524 anytime, day or night, to access mental health care**
- 2 Fill out a request form through the mobile app or online (see next page)**
- 3 Submit all relevant documents**
 - Homestay families, school administrators, or counsellors can submit the attached consent form to request a counselling referral
 - Please also attach any assessment documents from any previous counselling sessions

IMPORTANT!

Third parties cannot book appointments on behalf of students without their consent.

CALL US FOR ASSISTANCE

TOLL-FREE **1.833.366.0874**
WORLDWIDE **+1 416.987.0874**

StudyInsured™ Assistance is available 24/7 to help with:

- Locating the nearest medical facility
- Coordinating billing
- Questions about coverage
- Submitting a claim
- Arranging emergency transportation

Notify StudyInsured™ Assistance within 48 hours if you:

- Need to be hospitalized for any reason
- Require surgery of any kind (including dental)
- Need an MRI or CT scan
- Need air transportation
- Need medical attention outside USA

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CONTINUED

MOBILE APP

Available on Google Play or the App Store

- 1 Search **Aspiria-SAP** by **Snapclarity**
- 2 Create your account

ONLINE

Resources and Service Request Portal

- 1 Go to www.aspiria.ca
- 2 Click **StudentLife Login** (upper right corner of page)



[About Us](#) > [Students](#) > [Employers](#) [Counsellors](#) [Request Counselling](#) [Get In Touch](#) 

- 3 Click **Sign up to create a new account**

Create a new account with your access code.

- 4 Use access code **simschools**

Within the portal, users can:

- ✓ Book appointments for any offered service
- ✓ Access iCBT
- ✓ View helpful articles, videos, and other resources

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